



Training applicable to YOU in the REAL world

Enhance professional development

Increase morale and maintain a culture and standard of professionalism within your company

Boost confidence in your abilities in your field

Enhance your "whole" perception both personally and amongst colleagues and clients

www.heatherpost.com/business-training



Interested in hosting a program in your city?



CONTACT US TODAY

Program Information and Scheduling:

Meghan@HeatherPost.com

(386) 756-4000

THE Heather[®] POST COMPANY

www.HeatherPost.com

Travel is from Daytona Beach, Florida

Projecting a Professional Image

The most important training course you'll ever take



Focusing on the "whole" professional

THE Heather[®] POST COMPANY

www.HeatherPost.com

Award-winning expert, speaker and instructor

FORMER CAREER LAW ENFORCEMENT OFFICER/DETECTIVE

TRAINING COURSE

Training is provided in a very down-to-earth, interactive and relatable way that engages the audience and gets them motivated and empowered to be the best possible version of their professional self



TOPICS to be covered include:

- Professionalism in the workforce as it relates to YOU
 - Visual Impact
 - Communication skills- We read other people's body language but do we know our own?
 - Work area
 - Dressing for success
 - Perception in the use of our tools – technology and otherwise
 - Special events protocol
 - It's all about adapting and responding
 - Stress management
- and much more...

(386) 756-4000

Meghan@HeatherPost.com



/HeatherPostCom



/PublicFigureHeatherPost

www.heatherpost.com/business-training

ABOUT THE INSTRUCTOR Heather Post

Retired law enforcement officer/detective, Heather Post has combined her 20 years of real world experience in public service, teaching and communications with protocol expertise, teaching that you don't have to be perfect, you need only the skills to adapt and respond appropriately to your environment.

Gaining valuable life lessons beginning with the struggles of leaving home at the age of 14, Heather is now an award-winning body language and business protocol expert, has built two businesses from the ground up and considers her goal to be the success of others.

Speaking and instructing nationwide, she provides the highest potential skill sets in an interesting and relatable way to a wide variety of audiences: from the university level to the corporate world to the realm of public safety. Her clients include Fortune 500 companies and international organizations.

She is routinely featured in the national media as an expert in her field and was highlighted as an *American Success Story* on FOX Business Network's show *Making Money with Charles Payne* out of New York.

Additionally, Heather's heart, talent and tenacity have placed her directly into the core of state and local politics and community issues and charities, which she spends much of her free time actively supporting.

She is married to a wonderful man and has raised a beautiful daughter who is pursuing her college engineering degree.

Award-winning expert, speaker and instructor featured in the national media including >>

